

SIGNATURE RITUALS

Essential to the Spa Edgewood experience, we are inspired by the beautiful environment that surrounds Lake Tahoe and our reverence of its distinctive natural elements. Our signature gemstone rituals incorporate native Smoky Quartz and other gems found throughout the Alpine Mountains. Expert therapists will combine healing techniques with gems, crystals, and stones. These age-old traditions will leave you feeling refreshed, recharged and enlightened.

EARTH CONNECTION RITUAL

350 (110 MIN.)

Inspired by the energy of smoky quartz, this treatment holds a powerful earth energy with healing properties that protect, ground, and connect us with the earth. Close your eyes during this invigorating dry brush exfoliation and inhale the fresh aromas of "Meditate" our essential oil blend of sandalwood, frankincense, ginger root, clove, cardamom, and sweet orange. Experience our detoxifying foot scrub and hydrating foot treatment, followed by a full-body basalt stone massage. Culminate this ritual with a stimulating peppermint and wild lime scalp treatment which will leave you feeling grounded from head to toe.

REJUVENATING OXYGEN RITUAL

295 (80 MIN.)

Experience an exclusive and effective facial therapy that pairs the ancient East Asian medicinal practice of Gua Sha and 21st century technology of Hollywood's favorite infused oxygen treatment, powered by *Intracuticals*. Our signature gemstone trio, rose quartz, clear quartz and amethyst gemstones is applied to restore and awaken the skin's own natural ability to heal, regenerate, firm and lift the face. Together with expert application techniques, these therapies result in undeniable lifting and toning. Fully rehydrated skin is smooth and firm leaving you with a camera-ready glow. This is the perfect duo prior to any event!

HEAD TO SOLE RITUAL

125 (20 MIN.)

An ideal treatment for alpine newbies, wellness travelers, and those who want to avoid altitude sickness. Breathe in your choice of flavor infused oxygen-rich air to alleviate side effects of the mountain environment. Relax and enjoy a soothing peppermint leg and foot massage to relieve your tired soles. Feel an energized kind of calm; more ready to take on an afternoon activity.

FACIAL TREATMENTS

All 80 min. facial treatments include our signature Gua Sha lifting treatment

EDGEWOOD CUSTOM FACIAL

160 (50 MIN.) | 235 (80 MIN.)

This facial begins with an essential consultation to identify the root cause of your skin condition. Whether your goal is anti-aging, hyperpigmentation, dryness, or inflammation, we will design a treatment plan to bring your current skin to a healthier state, leaving you more confident and beautiful.

MOUNTAIN MAN FACIAL

160 (50 MIN.) | 235 (80 MIN.)

Exclusively tailored for our gentleman, this facial will leave skin feeling smooth and hydrated. It will improve your complexion while paving the way for a smoother, neater shave.

PURIFYING FACIAL

160 (50 MIN.) | 235 (80 MIN.)

Utilizing powerful probiotics, *Eminence* has created a safe and effective regimen that deeply cleans skin, while improving acne and texture, leaving you with a fresh complexion.

O2 GLOW FACIAL

200 (50 MIN.) | 295 (80 MIN.)

Experience a revolutionary treatment delivering instant results with no downtime. *Intracuticals* use hyperbaric oxygen to deliver professional serums deep into the skin, hydrating, visibly plumping, and reducing the appearance of fine lines and wrinkles... perfect for your next Lake Tahoe event or the bride to be.

SIERRA STONE FACIAL

240 (80 MIN.)

Soothing warm and cool stones bring the energy and purity from our beautiful lake to your skin. Relax, rejuvenate, and refresh with 100% organic ingredients from *Eminence*. Radiant and hydrated, you'll leave Lake Tahoe with a healthy polished new glow.

HOLISTIC WELLNESS FACIAL

240 (80 MIN.)

Indulge in a holistic individualized facial tailored to your skin's unique personality. This transformative treatment marries the best of all worlds: the ancient technique of Gua Sha, clean *Cosmeceuticals*, and lifestyle tips for lasting skin health. Conclude this wellness ritual with a skin-specific tea and herbal tincture, along with holistic recommendations to boost and sustain the results between treatments.

ALPINE RADIANCE FACIAL

250 (80 MIN.)

This *Naturopathica* facial will restore and renew, revealing your skin's radiance. Minimize the appearance of fine lines and wrinkles. You will notice a brightness to your complexion from ingredients that include Daisy Flower, Resveratrol, and Vitamin K. Renew, Restore, Revitalize.

FACIAL ACCENTS

NECK AND DECOLLETE 25

GLYCOLIC PEEL 25

HYDRATING LIP 25

EYE CONTOUR 25

FOOT SCRUB 25

MOROCCAN SCALP MASSAGE 25

ALTITUDE ADJUSTMENT OXYGEN BAR 50 (15 MIN.)

BACK FACIAL 125 (45 MIN.)

Contact Spa Edgewood or visit the website for information on current seasonal Spa features.

SPA

EDGEWOOD

L.V.X.[™]

Preferred
HOTELS & RESORTS

EDGEWOODTAHOE.COM/SPA

BOOK AN APPOINTMENT BY PHONE OR IN PERSON ON THE SECOND FLOOR OF THE LODGE | FOR YOUR CONVENIENCE, A 22% SERVICE CHARGE WILL BE APPLIED TO THE FULL AMOUNT OF YOUR SERVICE. THIS INCLUDES GRATUITIES DISBURSED TO THE SPA STAFF MEMBERS WHO SERVED YOU DURING YOUR VISIT | PLEASE VISIT WEBSITE TO VIEW ALL SPA POLICIES | MENU SUBJECT TO CHANGE



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MASSAGE THERAPIES

GROUNDING GEMSTONE MASSAGE

260 (75 MIN.)

Our gemstone trio of smoky quartz, aventurine, and magnesite gives strength and clarity to face the world with an inner peace and calm. Our holistic blend of the ancient sacred oils, sandalwood and frankincense, are paired with grounding essences of ginger root, clove, cardamom, and sweet orange. This light to medium pressure massage will leave you feeling balanced and connected.

CRYSTAL WELLNESS MASSAGE

260 (75 MIN.)

Our gemstone blend of rose quartz, clear quartz and amethyst fosters a harmonic wellness in the body, providing tranquility while soothing the mind and emotions. Our stimulating blend of lemongrass, peppermint, and holy basil energizes the senses. This light to medium pressure massage will restore and rejuvenate your body and soul.

SIERRA SWEDISH MASSAGE

160 (50 MIN.) | 235 (80 MIN.)

Entirely suited to your needs, this Swedish-inspired massage of light to medium pressure will improve circulation and relieve stress. Paired with one of our exclusive essential oil blends, choose your intention for your journey to relaxation.

APRES ALPINE DEEP TISSUE MASSAGE

175 (50 MIN.) | 260 (80 MIN.)

Our potent alpine arnica-infused treatment is the perfect accompaniment to this performance-enhancing massage. Whether your goal is to release muscle tension with deep tissue techniques or focus on a classic combination of sports stretches and compressions, our therapist restores mobility, vitality and body comfort. This is perfect after a day of golf or mountain activities.

MOTHER-TO-BE MASSAGE

160 (50 MIN.) | 240 (80 MIN.)

Our blend of soothing and comforting botanicals - safe for mother and baby- are designed to help relax and nurture. A natural, healing stretch mark balm with moisturizing Gotu Kola, completes this pampering experience. This treatment is recommended during the second and third trimester.

BALANCING STONE MASSAGE

240 (75 MIN.)

These warmed natural stones ease tension, melt away stiffness, increase circulation, and balance the energy of the body. Our expert therapist uses complementary modalities to reduce stress and promote deep relaxation.

SOLE REVIVAL

80 (20 MIN.)

A stimulating mint foot treatment revives your soles, while a soothing leg and foot massage relieves tension from tired limbs.

COUPLES RETREAT

Couples that spa together, stay together. Engaging in a relaxing activity jointly can help couples reconnect, let go of the past and future, and simply turn their attention to now. After your couples' massage, enjoy champagne, chocolate, and the peacefulness of the present moment together.

SIERRA SWEDISH 350 (50 MIN.) | 500 (80 MIN.)

APRES ALPINE DEEP TISSUE 380 (50 MIN.) | 550 (80 MIN.)

BALANCING STONE 510 (75 MIN.)

IN-ROOM MASSAGE

Exclusive for guests of The Lodge at Edgewood Tahoe

SIERRA SWEDISH 240 (50 MIN.) | 320 (80 MIN.)

APRES ALPINE DEEP TISSUE 260 (50 MIN.) | 350 (80 MIN.)

BODY TREATMENTS

MOROCCANOIL HYDRATION RITUAL

260 (80 MIN.) | 340 (80 MIN. + 25 MIN. MASSAGE)

The ultimate hydrating treatments begins with the exfoliating benefits of the luxurious Moroccanoil Citrus Body Buff. Indulge in the moisturizing properties of the signature body souffle as you're wrapped in an intense hydrating treatment. Your hair and scalp will be revitalized with the warming Moroccanoil Scalp treatment and hydrating hair mask.

FOUNTAIN OF YOUTH BODY TREATMENT

260 (80 MIN.) | 340 (80 MIN. + 25 MIN. MASSAGE)

Revive aging skin with this restorative experience that improves elasticity and texture. After the exfoliation process, revive with a hydrating seaweed wrap followed by a renewing sea fennel massage and revitalizing gotu kola foot treatment. Your skin will recover the ability to heal itself and prevent signs of aging.

RE-ENERGIZING SALT SCRUB

185 (50 MIN.) | 260 (50 MIN. + 25 MIN. MASSAGE)

This reviving body scrub will exfoliate and improve circulation, giving the skin a natural glow. Organic trace minerals penetrate to detoxify and repair the skin. After the exfoliation process, your choice of our signature essential oil blend will be applied to hydrate skin for a soft and smooth appearance.

BODY ACCENTS

EYE CONTOUR 25

FOOT SCRUB 25

MOROCCAN SCALP MASSAGE 25

ALTITUDE ADJUSTMENT OXYGEN BAR 50 (15 MIN.)

SALON SERVICES

HAIR

WOMEN'S CUT & STYLE 85

MEN'S CUT & STYLE 60

BLOW OUT 60+

COLOR RETOUCH 95+

FULL COLOR 135+

DIMENSIONAL COLOR 145+

HIGHLIGHTS 145+

RESTORATIVE AND HYDRATING TREATMENTS 45+

SPECIAL EVENT

SPECIAL OCCASION HAIRSTYLING 120

MAKE-UP ARTISTRY 100

LASHES EXTENSIONS 275

LASH REFRESH 125

NAILS

THE ULTIMATE MOROCCANOIL MANICURE & PEDICURE

MANICURE 65 (50 MIN.) | PEDICURE 95 (65 MIN.)

Revitalize your skin and stimulate your senses with Moroccanoil's luxurious citrus peel scrub, gently exfoliating and preparing skin for the ultra hydrating lavender treatment. Slip into deep relaxation while heated Sierra stones massage and restore tired hands and feet.

SEASONAL MANICURE & PEDICURE

MANICURE 50 (30 MIN.) | PEDICURE 75 (50 MIN.)

Celebrate winter, spring, summer, or fall we have restorative natural ingredients and fresh, energizing scents to revive hands and feet during every season. Includes complimentary champagne toast.

NAIL ACCENTS

GEL POLISH 15

COLLAGEN HAND TREATMENT 25

DETOXIFYING FOOT SOAK 25

HYDRATING LIP 25

EYE CONTOUR 25